



Mental Health Resources for Older Adults and Caregivers in Boulder County

Crisis Line: 303-447-1665

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Resource Specialists in Boulder County

Resource Specialists provide information and assistance to older adults and their families

Boulder: 303-441-4388

Longmont: 303-651-8716

Louisville: 303-335-4919

Lafayette: 303-665-9052

Erie: 303-828-6588 (is also Bilingual)

Lyons: 303-823-9016

Allenspark: 303-747-2592

Nederland: 303-258-3068

Niwot: 303-652-3850

Outside of Boulder County

Eldercare Locator 1-800-677-1116

Senior Reach

1-866-217-5808

www.seniorreach.org

Available to provide in-home short-term mental health services for isolated elders aged 60+ (currently grant-funded so no out-of-pocket cost to those receiving services)

Mental Health Center of Boulder County Geriatric Team

303-413-6263

Comprehensive psychiatric treatment for older adults with serious mental illness. Home visits available for the homebound. Medicare/Medicaid accepted. Co-pays and sliding scale fees based on insurance and income.

Centennial Peaks Hospital

303-666-2088

Peer Counseling For Seniors

Support from one older adult to another

Boulder: 303-413-6377 and Longmont: 303-651-8414

The City of Longmont Senior Services

303-651-8414

Ruth Waukau, LCSW

Counseling services at no cost to Longmont residents 55 years and older and/or their family members

Adult Protective Services

If you suspect abuse or self-neglect

303-441-1441

more info on back of page

Psychiatrists

Helah Nekoora-Long M.D.	303-682-9197
J. William Van Derveer, III, M.C.	720-320-6788
William Fink, M.D.	303-776-9797
Joseph Horn, M.D.	303-776-4949
Longmont Psychiatrist Association	303-772-3644

Other Psychotherapy and Counseling Services

Salud Family Health Center	303-776-3250
Access Counseling Sliding Scale/ Bilingual	303-449-7898
Mobile Psychotherapy (comes to your door) Janet Bychek, MSW, LCSW www.mobilepsychotherapyservices.com Accepts Medicare and Supplemental Insurance	720-771-6401
Andrew Bunin, MS, LPC	303-449-2743
Boulder Psychotherapist Guild	303-444-1036
Sharon M. McCaffrey, MBA, LCSW	303-437-7812
Jonathon Williamson, MA, PsyD	303-938-1695
Maggie Kerrigan, MA, LPC	303-444-5330
Melanie Young, PsyD	303-444-5330
Veterans Outreach Center	303-440-7306

Support Groups:

Contact your local resource specialists for a comprehensive listing.

Boulder County Aging Services
303-441-3570
www.bouldercountyseniors.info