



# Senior Yellow Pages – July 07

*A Resource Hotlist for Older Adults and their Caregivers*

## Boulder County Aging Services Division

[www.bouldercountyseniors.info](http://www.bouldercountyseniors.info) • 303-441-3570



### Resource Specialists in Boulder County

Allenspark	303-747-2592
Boulder	303-441-4388
Erie	303-828-6588
Lafayette	303-665-9052
Longmont	303-651-8716
Louisville	303-335-4919
Lyons	303-823-9016
Nederland	303-258-3068
Niwot	303-652-3850

### Outside of Boulder County

Eldercare Locator	1-800-677-1116
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### Adult Day Care Services

Balfour Cherrywood Village ( <i>Lsvl</i> )	303-604-2700
Care Link at Frasier ( <i>Bldr</i> )	720-562-4477
Homestead ( <i>Lgmt</i> )	303-772-9152
Juniper Village Memory Care ( <i>Lsvl</i> )	303-665-3722
On the Move	720-300-1371
Senior Opportunity Source	303-776-4380

### Caregiver Support

Alzheimers & Related Dementias	
Boulder	720-562-4470
Louisville	303-335-4919
Boulder County Caregiver Initiative	303-678-6116
Boulder County Respite Care	
Volunteer Program	303-678-6286
CARE Connections Newsletter	303-678-6116
Caregiver Library	303-678-6116
Caregiver Support Group ( <i>Bldr</i> )	303-546-9029
Caregiver Support Group ( <i>Lgmt</i> )	303-651-8414
Respite Assistance Program	303-678-6284
Daily Care Calls	1-877-777-7219

### Information & Assistance

AARP	1-866-554-5376
Boulder County Aging Services	303-441-3570
Colorado 211 (Human Services)	211
Denver Regional Council of Governments	
Aging Services Division	303-455-1000

### Care Management Agencies

Action Healthcare Services	303-772-2973
Adult Care Management	303-439-7011
Boulder County Aging Services	303-441-3570
Compassionate Care	303-530-7299
Dignity Care	303-444-4040
Human Network Systems	303-758-8182
Jewish Family Services	303-415-1025
Safe at Home	303-444-7112
Spencer and Company	303-666-7210

### Clinics

55+ Wellness Clinic ( <i>Bldr</i> )	303-441-0444
Boulder Valley Women's Health Clinic	
Health Clinic	303-442-5160
Summertree Foot Clinic ( <i>Lgmt</i> )	303-651-5224
Memory Evaluation Clinic ( <i>Bldr</i> )	303-441-2375
Memory Evaluation Clinic ( <i>Lgmt</i> )	720-494-3126
Clinica Campesina ( <i>Laf</i> )	303-665-9310
CU-Denver Senior Clinic	303-315-7851
CU Speech, Language, and Hearing Center	
Hearing Center	303-492-5375
Dental Aid	
General Information	303-499-7010
Boulder	303-499-7072
Longmont	303-682-2619
People's Clinic ( <i>Bldr</i> )	303-449-6050
Prestige Plus ( <i>Lgmt</i> )	303-651-5080
Physician Referral Service	303-527-3215
Salud Clinic ( <i>Lgmt</i> )	303-776-3250

### Consumer Affairs/Legal Services

Boulder County Bar Association	303-440-4758
Boulder County District Attorney	
Office of Consumer Affairs	303-441-3700
Boulder County Legal Services	303-449-7575
Colorado Attorney General's Consumer Protection Unit	
Consumer Protection Unit	303-866-5189
	or 1-800-332-2071
Guardianship Alliance of Colorado	303-423-2898
National Fraud Info Center	1-800-876-7060
The Legal Center for People With Disabilities and Older People	
	303-722-0300

## Counseling/Support Groups

Access Counseling	303-449-7898
Access Longmont	303-776-8211
Al-Anon	303-678-8667
Alcoholics Anonymous	303-322-4440
Alzheimer's Association	303-813-1669
American Cancer Society	303-776-2689
American Diabetes Associations	720-855-1102
American Lung Association	303-388-4327
Arthritis Foundation	303-756-8622
Boulder Psychotherapists Guild	303-444-1036
Boulder County AIDS Project	303-444-6121
Center for People with Disabilities	303-442-8662
Diabetes Support Group	303-441-4995
Grandparents Raising Grandkids	
Longmont	303-651-8414
Louisville/Lafayette	303-441-1101
Heartbeat	970-227-1450
HospiceCare of Boulder and Broomfield Counties	303-449-7740
LGBT Support Group	303-441-4995
Mental Health Center of Boulder County	
Boulder	303-443-8500
Lafayette	303-665-2670
Longmont	303-684-0555
National MS Society	303-831-0700
Parkinson's Association	303-830-1839
Rainbow Elders	303-441-4995
Retired & Senior Volunteer Program (RSVP)	
Boulder	303-443-1933
Longmont	303-772-2262
Rocky Mtn. Stroke Association	303-730-8800
Senior Reach	1-866-217-5808
Senior to Senior ( <i>Peer Counseling for Seniors</i> )	
Boulder	303-441-4388
Longmont	303-651-8414

## Crisis Services

Adult Protection Services	303-441-1441
American Red Cross	303-442-0577
Boulder Shelter for the Homeless	303-442-4646
Carriage House	303-442-8300
Centennial Peaks Hospital	303-673-9990
Emergency Family Assistance	
Boulder	303-442-3042
Lafayette	303-665-8064
Longmont	303-651-2388
Mental Health Center Crisis Line ( <i>24 hrs</i> )	
Boulder	303-447-1665
Longmont	303-682-1612

MESA ( <i>Moving to End Sexual Assault</i> )	303-443-7300
OUR Center ( <i>Longmont</i> )	303-772-5529
Safehouse Progressive Alliance	
24-hour Crisis Line	303-444-2424
Outreach Center	303-449-8623
Tri-Cities ( <i>Lafayette</i> )	303-673-9000
Safe Shelter of St. Vrain Valley	
24-hour Crisis Line	303-772-4422
Sister Carmen Center ( <i>Laf</i> )	303-665-4342
Victims Assistance	
Boulder County Sheriff	303-441-3656

## Emergency Response & Monitoring

BCH Lifeline	303-441-2200
File of Life ( <i>Emergency Information for fire, ambulance, and police</i> )	
Boulder	303-443-1933
Longmont	303-772-2262
ID for ME ( <i>Bracelet Program</i> )	303-441-4875 ext. 92135
Phillips Lifeline	1-800-543-3546
Project Lifesaver	303-441-3646
Safe Return ( <i>Denver</i> )	1-800-272-3900
Alert One	1-866-726-1726

## Emergency Services

Emergency – Fire, Police, Ambulance	911
Boulder County Sheriff	303-441-4444
Emergency Management Office	303-441-3390
Non-Emergency Police:	
Boulder	303-441-3333
Lafayette, Louisville, Superior & Erie	303-441-4444
Longmont	303-651-8501
Nederland	303-258-3250 or 303-441-4444
Niwot	303-652-2591
Rocky Mountain Poison Center	1-800-222-1222

## Employment

50+ In-Home Services Program	
Boulder	303-301-2909
Longmont	303-827-7400
Foster Grandparents – VOA	303-297-0408
YMCA ( <i>Lgmt</i> )	303-776-0370
YWCA ( <i>Bladr</i> )	303-443-0419

## Food

Carryout Caravan ( <i>RSVP</i> )	
Boulder	303-443-1933
Longmont	303-772-2262

Colorado Share	1-800-933-7427
Elder Share ( <i>Community Food Share</i> )	303-652-1307
Food Stamps: ( <i>Boulder County Social Services</i> )	
Boulder	303-441-1200
Longmont	303-678-6000
Louisville	303-413-7000
Meals on Wheels:	
Boulder	303-441-3908
East Boulder County	303-665-0566
Longmont/Niwot/Lyons	303-772-0540
Nederland	303-258-0799
Senior Meal Sites:	
West Boulder	303-441-3148
Lafayette	303-665-9052
Longmont	303-651-8411
Louisville	303-335-4931
Lyons Golden Gang	303-823-6771
Nederland	303-258-0799

### Home Health Care/Homemaking

Ami Wellness	303-722-2208
Boulder Community Homecare	303-441-0444
Center for People with Disabilities	303-442-8662
Centura Home Care & Hospice	303-561-5000
Comfort Keepers	1-877-674-0800
Complete Home Health Care	303-441-5272
Dignity Care	303-444-4040
FamilyLinks	303-527-0717
Good Samaritan Connections	303-449-6796
Happy Homes Management	303-938-1086
Heartland Home Health/Hospice	303-926-1001
Home Instead	720-890-0184
Homewatch CareGivers	303-444-1133
Longmont United Homecare	303-651-5225
Maxim Healthcare Boulder County	303-544-1700
Mountain Valley Home Health Care	1-800-368-7137
Plan B Home Care Services	720-652-9078
Professional Home Health Care	303-444-1981
Safe at Home Care	303-444-7112
Summertree Cares	303-651-5224
Tender Loving Care/Staff Bldrs	303-759-2999
Visiting Angels	303-828-2664
Visiting Nurses Association	303-744-6363
Windhorse Family and Elder Care	303-786-9313

### Home Maintenance/Chore Services

Center for People with Disabilities	303-442-8662
Icebusters ( <i>Bldr</i> )	303-441-3157
Plan B Home Care Services	720-652-9078
RSVP Handyman Fix-it Program	
Boulder	303-443-1933

Longmont	303-772-2262
The Service Exchange	303-678-8495
Snow Chasers ( <i>Lgmt</i> )	303-651-8495
Weatherization and Home Rehab	303-441-3870
Workforce Boulder County	303-301-2900
YMCA, Youth Employment	
Lafayette	303-664-5455
Longmont	303-776-0370

### Hospice Care

Anam Chara Hospice	303-444-0046
Centura Health at Home	303-561-5000
Family Hospice	303-440-0205
Heartland Homecare & Hospice	303-926-1001
HospiceCare of Boulder and Broomfield Counties	303-449-7740
Louisville Care Center	303-926-3900
Visiting Nurses Association	303-744-6363
VistaCare	1-866-847-8222

### Hospitals

Avista Adventist Hospital	303-673-1000
Boulder Community Hospital	303-440-2273
Longmont United Hospital	303-651-5111
Exempla Good Samaritan Medical Center	303-689-4000

### Housing Information

Boulder County Housing Authority	
Housing Counseling	720-564-2279
Section 8 Information	720-564-2284
Senior Housing	303-441-4529
Boulder County Senior Housing Guide	303-441-3570
Boulder Housing Partners	720-564-4600
Landlord-Tenant Mediation Service	
City of Boulder	303-441-4364
Boulder County	303-441-3700
Longmont Housing Authority	303-651-8581
Long-Term Care Ombudsman Program	303-441-1173
Project HOPE	303-441-3945
Reverse Mortgage Information	720-564-2279
State & Veterans Nursing Homes	303-866-5000
Thistle Community Housing	303-443-0007

### Income Supplements/Financial

Adult Care Management	303-439-7011
Boulder County Rebates for the Elderly & Disabled – County Treasurer	303-441-3520

## **Income Supplements/Financial-cont'd.**

Boulder County Senior Tax Workoff Program	303-441-1688
Internal Revenue Service	1-800-829-1040
Low-Income Energy Assistance ( <i>LEAP</i> )	303-678-6097
Low-Income Telephone Assistance	1-800-782-0721
Money Management Program for Older Adults	303-441-3148
Social Security Administration	303-543-9492 1-800-772-1213
Social Services ( <i>Supplemental Security Income, Old Age Pension, Medicaid</i> )	
Boulder	303-441-1000
Longmont	303-678-6000
Louisville	303-413-7000

## **Medical Care**

Senior Care of Colorado	303-360-4321
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## **Medical Equipment Loans**

Allenspark (mountains priority)	303-747-2592
American Legion Auxiliary	303-776-2034
Boulder Elks Club	303-442-5003
Lafayette Senior Center	303-665-9052
Louisville Senior Center	303-666-7400
Longmont Elks Club	303-776-1055
Longmont Moose Lodge	303-776-4911
Longmont VFW	303-776-8590
Lyons Golden Gang	303-823-6386
Niwot	303-652-2249

## **Medical Equipment Rentals**

Apria Healthcare ( <i>Lsvl</i> )	303-772-7222
Colorado Wheelchair LLC.	303-684-8852
LinCare ( <i>Lsvl</i> )	303-604-1222
Major Medical Supply ( <i>Lgmt</i> )	303-651-6400
Roth Medical ( <i>Laf</i> )	303-665-7009

## **Medicare**

Medicare	1-800-633-4227
Medicare Ombudsman	303-441-1546
en Espanol	303-678-6113

## **Ombudsman/Advocacy**

Long-Term Care Ombudsman Program ( <i>Nursing Homes/Assisted Living</i> )	303-441-1173
Medicare Ombudsman	303-441-1546
en Espanol	303-678-6113

## **Senior Centers**

Boulder, East	303-441-4150
Boulder, West	303-441-3148
Erie	303-828-6588

Lafayette	303-665-9052
Longmont	303-651-8411
Louisville	303-666-7400
Nederland	303-258-0799

## **Services for People who are Disabled**

Center for People with Disabilities	303-442-8662
Colorado Relay Service ( <i>for hearing impaired</i> )	
TTY	1-800-659-2656
Voice	1-800-659-3656
Colorado Talking Books Library	303-727-9277
Disabled American Veterans	303-922-3631
Employment Link	303-527-0627
Imagine!	303-665-7789
Low Vision Group ( <i>Lgmt</i> )	303-776-2959
Mapleton Center	303-441-0493
Programs for Visually Impaired & Blind Seniors	303-442-8662 ext. 111
Radio Reading Service of the Rockies	303-786-7777
Senior Opportunity Source	303-776-4380
TTY/TDD	1-800-223-3131
Boulder County Veteran Services	303-441-3890

## **Transportation**

55 Alive Driver Safety Program	303-764-5995
Behind the Wheel ( <i>Driver's Evaluation     Spaulding Hospital</i> )	303-363-5163
Easy Rider Program	303-447-2848 ext. 105
RTD Access-A-Ride	303-299-2960
RTD Call-N-Ride	
Louisville	303-434-8960
Longmont, West	303-994-3551
Longmont, East	303-994-3552
Superior	303-994-3550
Special Transit	303-447-9636

## **Wellness**

55+ Wellness Clinic ( <i>Boulder     Community Hospital</i> )	303-441-0444
Boulder County Aging Services Wellness Program	303-441-4995
Grillo Health Information Center	303-441-4144
Health Ambition ( <i>Longmont United Hospital</i> )	303-485-4161
Medically Based Fitness	303-447-2873
Prestige Plus ( <i>Longmont Senior Center</i> )	303-772-9649
Wellness Center at Fraiser Meadows Manor	720-562-4417