

Boulder County, CO

2014

Demographic Subgroup Comparisons

CASOA™

**Community Assessment Survey
for Older Adults™**



2955 Valmont Road, Suite 300 • Boulder, Colorado 80301
www.n-r-c.com • 303-444-7863

Contents

Survey Background.....	1
Subgroup Comparisons.....	3

Survey Background

About the Community Assessment Survey for Older Adults™

Boulder County Area Agency on Aging contracted with National Research Center, Inc. (NRC) to conduct an assessment of the strengths and needs of its older residents. The Community Assessment Survey for Older Adults (CASOA™) is a statistically valid survey of older adults used by staff, elected officials and other stakeholders to plan for older adult services, programs and facilities. The ultimate goal of the assessment is to create an empowered community that supports a vibrant older adult population in Boulder County.

The survey and its administration are standardized to assure high quality survey methods and comparable results across CASOA™ communities. Participating older adult households were selected at random and the household member who responded was selected without bias. Multiple mailings gave each household more than one prompt to participate with a self-addressed and postage paid envelope. Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

Communities conducting CASOA™ can choose from a number of optional services to customize the reporting of survey results. Boulder County's Report of Demographic Subgroup Comparisons is part of a larger project for Boulder County and additional reports are available under separate cover.

One of the add-on options that Boulder County chose was to have crosstabulations of survey questions 1 through 15 by respondents' gender, age, race and ethnicity, whether or not they live alone and whether or not they are low-income. This report contains the results of these analyses.

“Don't Know” Responses

On many of the questions in the survey respondents may answer “don't know.” The proportion of respondents giving this reply is shown in the full set of responses included in Appendix A of the Boulder County CASOA Report. However, these responses have been removed from the analyses presented in the body of the report. In other words, the tables display the responses from respondents who had an opinion about a specific item.

Understanding the Tables

In this report, comparisons between demographic subgroups are shown. For most of the questions, we have shown only one number for each question. We have summarized responses to show only the proportion of respondents giving a certain answer; for example, the percent of respondents who rated the quality of life as “excellent” or “good,” or the percent of respondents who participated in an activity at least once.

ANOVA and chi-square tests of significance were applied to these comparisons of survey questions by demographic subgroups. A “p-value” of 0.05 or less indicates that there is less than a 5% probability that differences observed between subgroups are due to chance; or in other words, a greater than 95% probability that the differences observed are “real.” Where differences were statistically significant, they are marked in grey.

It should be noted that when a table for a question that only permitted a single response does not total to exactly 100%, it is due to the common practice of percentages being rounded to the nearest whole number.

Precision of Estimates

It is customary to describe the precision of estimates made from surveys by a “level of confidence” (or margin of error). A traditional level of confidence, and the one used here, is 95%. The margin of error for Boulder County overall was plus or minus 3% around any given percent for the entire sample. Where estimates are given for subgroups, they are less precise. Generally the 95% confidence interval is plus or minus 10 percentage points for samples of 100, and for smaller sample sizes (i.e., 50), the margin of error rises to plus or minus 14%. The significance testing for the following comparisons is more precise than the general rule of thumb.

Subgroup Comparisons

Responses in the following tables show only the proportion of respondents giving a certain answer; for example, the percent of respondents who rated the quality of life as “excellent” or “good.” ANOVA and chi-square tests of significance were applied to these comparisons of survey questions. A “p-value” of 0.05 or less indicates that there is less than a 5% probability that differences observed between areas are due to chance; or in other words, a greater than 95% probability that the differences observed are “real.” Where differences were statistically significant, they have been shaded grey.

Comparisons by Respondents Characteristics

Table 1: Question 1: Quality of Community

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
How do you rate Boulder County as a place to live?	93%	89%	93%	91%	90%	93%	73%	91%
How do you rate Boulder County as a place to retire?	73%	68%	67%	69%	78%	72%	60%	71%

Table 2: Question 1: Quality of Community

Percent of respondents who rated the following as "excellent" or "good":	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
How do you rate Boulder County as a place to live?	91%	92%	94%	79%	91%

Percent of respondents who rated the following as "excellent" or "good":	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
How do you rate Boulder County as a place to retire?	70%	71%	73%	60%	71%

Table 3: Question 2: Community Characteristics

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Opportunities to volunteer	93%	92%	96%	89%	92%	93%	82%	92%
Employment opportunities	29%	35%	32%	33%	28%	34%	15%	31%
Opportunities to enroll in skill-building or personal enrichment classes	80%	82%	77%	83%	81%	83%	49%	80%
Recreation opportunities (including games, arts and library services, etc.)	91%	91%	91%	90%	90%	91%	82%	91%
Fitness opportunities (including exercise classes and paths or trails, etc.)	91%	93%	93%	92%	90%	93%	79%	92%
Opportunities to attend social events or activities	79%	81%	77%	85%	77%	83%	52%	80%
Opportunities to attend religious or spiritual activities	87%	87%	84%	92%	85%	90%	59%	87%
Opportunities to attend or participate in meetings about local government or community matters	73%	75%	79%	73%	68%	76%	51%	74%

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Availability of affordable quality housing	14%	12%	9%	13%	18%	13%	19%	13%
Variety of housing options	29%	35%	28%	33%	35%	32%	24%	31%
Availability of long-term care options	42%	54%	39%	46%	55%	48%	31%	47%
Availability of daytime care options for older adults	37%	49%	35%	39%	51%	44%	29%	42%
Availability of information about resources for older adults	64%	64%	60%	63%	68%	66%	42%	63%
Availability of financial and legal planning services	57%	66%	63%	61%	57%	63%	38%	61%
Availability of affordable quality physical health care	57%	56%	49%	54%	68%	59%	30%	56%
Availability of affordable quality mental health care	41%	43%	39%	40%	50%	43%	37%	42%
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	75%	76%	73%	72%	80%	76%	52%	75%
Availability of affordable quality food	63%	63%	60%	61%	70%	65%	46%	63%
Sense of community	63%	63%	59%	68%	61%	66%	36%	63%
Openness and acceptance of the community towards older residents of diverse backgrounds	55%	59%	50%	61%	61%	59%	39%	57%
Ease in arranging transportation in Boulder County	46%	51%	41%	47%	58%	50%	32%	48%
Ease of car travel in Boulder County	63%	60%	62%	64%	58%	63%	52%	62%

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Ease of walking in Boulder County	72%	76%	71%	76%	75%	77%	45%	74%
Ease of getting to the places you usually have to visit	71%	74%	73%	73%	71%	75%	48%	73%
Overall feeling of safety in Boulder County	75%	82%	78%	81%	77%	81%	55%	78%
Valuing older residents in Boulder County	53%	57%	48%	54%	65%	57%	41%	55%
Neighborliness of Boulder County	54%	50%	50%	51%	56%	54%	38%	52%
Cost of living in Boulder County	13%	10%	11%	10%	13%	11%	11%	11%
Availability of services at the senior center	77%	81%	78%	75%	82%	80%	61%	78%
Quality of senior nutrition programs	55%	65%	45%	63%	64%	61%	43%	59%

Table 4: Question 2: Community Characteristics

Percent of respondents who rated the following as "excellent" or "good":	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Opportunities to volunteer	88%	94%	95%	80%	92%
Employment opportunities	24%	35%	35%	14%	31%
Opportunities to enroll in skill-building or personal enrichment classes	77%	82%	83%	67%	80%
Recreation opportunities (including games, arts and library services, etc.)	90%	91%	92%	82%	91%

Percent of respondents who rated the following as "excellent" or "good":	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Fitness opportunities (including exercise classes and paths or trails, etc.)	89%	93%	95%	78%	92%
Opportunities to attend social events or activities	71%	84%	83%	66%	80%
Opportunities to attend religious or spiritual activities	80%	90%	89%	76%	87%
Opportunities to attend or participate in meetings about local government or community matters	68%	77%	78%	57%	74%
Availability of affordable quality housing	15%	12%	13%	14%	13%
Variety of housing options	30%	32%	33%	25%	31%
Availability of long-term care options	41%	49%	48%	39%	47%
Availability of daytime care options for older adults	39%	44%	43%	39%	42%
Availability of information about resources for older adults	53%	69%	67%	48%	63%
Availability of financial and legal planning services	48%	66%	63%	48%	61%
Availability of affordable quality physical health care	53%	57%	57%	50%	56%
Availability of affordable quality mental health care	45%	41%	42%	41%	42%

Percent of respondents who rated the following as "excellent" or "good":	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	69%	78%	77%	63%	75%
Availability of affordable quality food	62%	64%	66%	50%	63%
Sense of community	58%	65%	65%	53%	63%
Openness and acceptance of the community towards older residents of diverse backgrounds	51%	60%	59%	47%	57%
Ease in arranging transportation in Boulder County	46%	49%	49%	46%	48%
Ease of car travel in Boulder County	55%	65%	66%	42%	62%
Ease of walking in Boulder County	72%	75%	78%	57%	74%
Ease of getting to the places you usually have to visit	67%	76%	79%	45%	73%
Overall feeling of safety in Boulder County	74%	81%	82%	63%	78%
Valuing older residents in Boulder County	54%	56%	57%	48%	55%
Neighborliness of Boulder County	48%	54%	55%	38%	52%
Cost of living in Boulder County	9%	13%	13%	5%	11%
Availability of services at the senior center	73%	81%	81%	69%	78%
Quality of senior nutrition programs	53%	62%	63%	48%	59%

Table 5: Question 3: Overall Services to Older Adults

	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Percent of respondents who rated the overall quality of services to older adults as "excellent" or "good"	67%	74%	68%	69%	72%	73%	44%	70%

Table 6: Question 3: Overall Services to Older Adults

	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Percent of respondents who rated the overall quality of services to older adults as "excellent" or "good"	65%	73%	74%	55%	70%

Table 7: Question 4: Level of Informedness about Services and Activities for Older Adults

	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Percent of respondents who felt "somewhat" or "very" informed about the services and activities for older adults	60%	51%	38%	59%	74%	56%	49%	55%

Table 8: Question 4: Level of Informedness about Services and Activities for Older Adults

	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Percent of respondents who felt "somewhat" or "very" informed about the services and activities for older adults	59%	53%	54%	61%	55%

Table 9: Question 5: Quality of Life and Health

Percent of respondents who rated the following as "excellent" or "good":	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
How do you rate your overall physical health?	84%	79%	87%	84%	72%	83%	68%	82%
How do you rate your overall mental health/emotional well being?	91%	88%	91%	90%	87%	91%	82%	90%
How do you rate your overall quality of life?	88%	86%	87%	89%	85%	89%	69%	87%

Table 10: Question 5: Quality of Life and Health

Percent of respondents who rated the following as "excellent" or "good":	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
How do you rate your overall physical health?	73%	87%	86%	63%	82%
How do you rate your overall mental health/emotional well being?	83%	93%	93%	73%	90%
How do you rate your overall quality of life?	78%	92%	93%	62%	87%

Table 11: Question 6: Problems Faced by Older Adults

Percent of respondents who reported at least a "minor" problem with the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Having housing to suit your needs	20%	16%	19%	20%	15%	15%	47%	18%
Your physical health	52%	58%	50%	54%	63%	54%	58%	55%
Performing regular activities, including walking, eating and preparing meals	23%	24%	16%	22%	35%	22%	34%	23%
Having enough food to eat	11%	7%	9%	8%	11%	8%	26%	9%
Doing heavy or intense housework	53%	40%	34%	47%	64%	45%	66%	47%
Having safe and affordable transportation available	22%	20%	16%	21%	27%	18%	49%	21%
No longer being able to drive	11%	9%	5%	9%	21%	9%	22%	11%

Percent of respondents who reported at least a "minor" problem with the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Feeling depressed	39%	32%	32%	33%	44%	34%	55%	36%
Experiencing confusion or forgetfulness	27%	31%	19%	27%	45%	27%	41%	29%
Maintaining your home	40%	34%	27%	37%	50%	36%	45%	37%
Maintaining your yard	47%	35%	35%	41%	50%	40%	51%	41%
Finding productive or meaningful activities to do	25%	25%	23%	23%	30%	23%	39%	25%
Having friends or family you can rely on	28%	24%	30%	25%	22%	25%	37%	26%
Falling or injuring yourself in your home	19%	16%	9%	15%	33%	15%	39%	18%
Finding affordable health insurance	34%	34%	42%	33%	26%	33%	50%	34%
Getting the health care you need	28%	22%	27%	26%	21%	22%	52%	25%
Affording the medications you need	25%	23%	27%	23%	23%	22%	40%	24%
Figuring out which medications to take and when	9%	7%	5%	6%	14%	6%	22%	8%
Getting the oral health care you need	24%	17%	20%	22%	20%	18%	41%	21%
Getting the vision care you need	20%	17%	21%	16%	18%	15%	50%	18%
Having enough money to meet daily expenses	29%	27%	28%	28%	27%	25%	51%	28%
Having enough money to pay your property taxes	19%	19%	16%	21%	21%	18%	30%	19%
Having tooth or mouth problems	33%	32%	29%	35%	35%	30%	54%	33%
Staying physically fit	53%	49%	43%	53%	59%	50%	59%	51%
Maintaining a healthy diet	31%	31%	30%	32%	31%	29%	52%	31%

Percent of respondents who reported at least a "minor" problem with the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Having interesting recreational or cultural activities to attend	28%	26%	27%	23%	36%	26%	44%	28%
Having interesting social events or activities to attend	32%	31%	30%	29%	38%	29%	49%	31%
Feeling bored	31%	33%	29%	32%	36%	31%	43%	32%
Feeling like your voice is heard in the community	57%	62%	65%	60%	50%	58%	69%	59%
Finding meaningful volunteer work	18%	16%	17%	16%	21%	17%	29%	18%
Feeling physically burdened by providing care for another person	15%	15%	18%	12%	15%	14%	28%	15%
Feeling emotionally burdened by providing care for another person	24%	22%	31%	20%	17%	22%	39%	23%
Feeling financially burdened by providing care for another person	15%	17%	19%	15%	13%	15%	28%	16%
Dealing with legal issues	23%	22%	21%	23%	23%	21%	30%	22%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	38%	33%	42%	35%	30%	35%	46%	36%
Finding work in retirement	26%	30%	30%	30%	22%	26%	44%	28%
Building skills for paid or unpaid work	23%	24%	23%	24%	23%	22%	29%	23%
Not knowing what services are available to older adults in your community	52%	57%	59%	56%	46%	54%	63%	54%
Feeling lonely or isolated	31%	24%	28%	23%	35%	26%	50%	28%

Percent of respondents who reported at least a "minor" problem with the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Dealing with the loss of a close family member or friend	35%	31%	34%	27%	42%	33%	37%	34%
Being a victim of crime	8%	7%	6%	8%	9%	7%	11%	8%
Being a victim of fraud or a scam	11%	11%	6%	13%	14%	10%	19%	11%
Being physically or emotionally abused	6%	4%	5%	6%	4%	4%	16%	5%
Dealing with financial planning issues	36%	33%	39%	33%	31%	33%	52%	35%
Being treated unfairly or discriminated against because of your age	23%	22%	23%	25%	18%	20%	45%	22%

Table 12: Question 6: Problems Faced by Older Adults

Percent of respondents who reported at least a "minor" problem with the following:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Having housing to suit your needs	28%	14%	13%	45%	18%
Your physical health	58%	53%	51%	71%	55%
Performing regular activities, including walking, eating and preparing meals	31%	19%	18%	47%	23%
Having enough food to eat	14%	7%	5%	31%	9%
Doing heavy or intense housework	56%	42%	41%	73%	47%
Having safe and affordable transportation available	28%	17%	16%	45%	21%

Percent of respondents who reported at least a "minor" problem with the following:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
No longer being able to drive	17%	8%	7%	27%	11%
Feeling depressed	42%	32%	31%	59%	36%
Experiencing confusion or forgetfulness	33%	26%	23%	54%	29%
Maintaining your home	45%	33%	33%	57%	37%
Maintaining your yard	46%	39%	38%	56%	41%
Finding productive or meaningful activities to do	32%	21%	20%	47%	25%
Having friends or family you can rely on	37%	21%	22%	44%	26%
Falling or injuring yourself in your home	28%	12%	12%	43%	18%
Finding affordable health insurance	34%	34%	30%	55%	34%
Getting the health care you need	29%	23%	20%	47%	25%
Affording the medications you need	26%	23%	19%	46%	24%
Figuring out which medications to take and when	13%	6%	4%	27%	8%
Getting the oral health care you need	28%	17%	14%	53%	21%
Getting the vision care you need	28%	14%	11%	53%	18%
Having enough money to meet daily expenses	37%	23%	19%	69%	28%
Having enough money to pay your property taxes	17%	20%	15%	40%	19%
Having tooth or mouth problems	37%	30%	28%	56%	33%
Staying physically fit	57%	48%	48%	66%	51%
Maintaining a healthy diet	43%	25%	25%	59%	31%
Having interesting recreational or cultural activities to attend	36%	24%	23%	50%	28%

Percent of respondents who reported at least a "minor" problem with the following:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Having interesting social events or activities to attend	39%	28%	28%	49%	31%
Feeling bored	42%	27%	27%	55%	32%
Feeling like your voice is heard in the community	60%	59%	56%	75%	59%
Finding meaningful volunteer work	21%	16%	14%	36%	18%
Feeling physically burdened by providing care for another person	9%	18%	14%	21%	15%
Feeling emotionally burdened by providing care for another person	16%	27%	23%	23%	23%
Feeling financially burdened by providing care for another person	11%	18%	14%	24%	16%
Dealing with legal issues	25%	21%	19%	39%	22%
Having adequate information or dealing with public programs such as Social Security, Medicare and Medicaid	35%	36%	33%	45%	36%
Finding work in retirement	32%	26%	21%	60%	28%
Building skills for paid or unpaid work	27%	21%	17%	53%	23%
Not knowing what services are available to older adults in your community	53%	54%	51%	69%	54%
Feeling lonely or isolated	47%	18%	22%	54%	28%
Dealing with the loss of a close family member or friend	40%	30%	30%	47%	34%
Being a victim of crime	13%	5%	4%	25%	8%

Percent of respondents who reported at least a "minor" problem with the following:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Being a victim of fraud or a scam	15%	9%	9%	19%	11%
Being physically or emotionally abused	9%	3%	2%	21%	5%
Dealing with financial planning issues	39%	32%	30%	53%	35%
Being treated unfairly or discriminated against because of your age	30%	19%	17%	48%	22%

Table 13: Question 7: Days Spent in Facilities

Percent of respondents who spent at least 1 day...	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
As a patient in a hospital	21%	23%	16%	20%	33%	21%	29%	22%
In a nursing home or in-patient rehabilitation facility	3%	2%	0%	1%	6%	2%	2%	2%

Table 14: Question 7: Days Spent in Facilities

Percent of respondents who spent at least 1 day...	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
As a patient in a hospital	31%	17%	18%	42%	22%
In a nursing home or in-patient rehabilitation facility	4%	2%	2%	5%	2%

Table 15: Question 8: Falls in Last 12 Months

Percent of respondents who had at least 1 fall.	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it?	35%	24%	23%	30%	37%	29%	37%	30%

Table 16: Question 8: Falls in Last 12 Months

Percent of respondents who had at least 1 fall.	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Thinking back over the past 12 months, how many times have you fallen and injured yourself? Was it?	36%	26%	25%	52%	30%

Table 17: Question 9: Recommend Living in Community

	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Percent of respondents "somewhat" or "very" likely to recommend living in Boulder County	77%	74%	72%	75%	80%	76%	69%	75%

Table 18: Question 9: Recommend Living in Community

	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Percent of respondents "somewhat" or "very" likely to recommend living in Boulder County	78%	74%	77%	68%	75%

Table 19: Question 10: Likelihood of Remaining in Community Throughout Retirement

	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Percent of respondents "somewhat" or "very" likely to remain in Boulder County throughout their retirement	89%	92%	89%	87%	98%	90%	90%	90%

Table 20: Question 10: Likelihood of Remaining in Community Throughout Retirement

	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Percent of respondents "somewhat" or "very" likely to remain in Boulder County throughout their retirement	89%	91%	92%	83%	90%

Table 21: Question 11: Participation in Activities

Percent of respondents who participated in or did the following at least once:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Used a senior center in Boulder County	32%	19%	12%	26%	44%	25%	33%	26%
Used a recreation center in Boulder County	47%	40%	47%	46%	35%	44%	42%	44%
Used a public library in Boulder County	69%	49%	61%	61%	55%	60%	53%	59%
Used RTD (bus, rail, subway or other public transportation) instead of driving	32%	38%	45%	31%	27%	36%	29%	35%
Visited a neighborhood park	77%	74%	80%	79%	63%	75%	78%	75%
Called for information about resources for older adults	21%	14%	13%	17%	23%	18%	17%	18%

Table 22: Question 11: Participation in Activities

Percent of respondents who participated in or did the following at least once:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Used a senior center in Boulder County	33%	22%	24%	36%	26%
Used a recreation center in Boulder County	38%	47%	46%	34%	44%
Used a public library in Boulder County	59%	60%	61%	54%	59%
Used RTD (bus, rail, subway or other public transportation) instead of driving	39%	33%	35%	32%	35%
Visited a neighborhood park	70%	78%	76%	70%	75%
Called for information about resources for older adults	26%	13%	13%	37%	18%

Table 23: Question 12: Attendance of Public Meetings

Percent of respondents who attended at least once:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Attended a local public meeting	27%	32%	28%	34%	24%	29%	28%	29%
Watched (online or on television) a local public meeting	26%	31%	30%	25%	32%	28%	38%	29%

Table 24: Question 12: Attendance of Public Meetings

Percent of respondents who attended at least once:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Attended a local public meeting	25%	32%	31%	22%	29%
Watched (online or on television) a local public meeting	28%	29%	29%	29%	29%

Table 25: Question 13: Hours Spent Doing Activities

Percent of respondents who spent at least 1 hour doing the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Participating in a club (including book, dance, game and other social)	49%	36%	40%	41%	49%	44%	37%	43%
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	8%	15%	8%	12%	13%	11%	7%	11%
Communicating/ visiting with friends and/or family	97%	98%	99%	97%	96%	98%	94%	97%
Participating in religious or spiritual activities with others	51%	39%	41%	43%	54%	44%	55%	45%
Participating in a recreation program or group activity	56%	46%	53%	50%	50%	52%	41%	51%
Providing help to friends or relatives	83%	78%	78%	84%	78%	81%	75%	80%
Volunteering your time to some group/activity in Boulder County	41%	34%	33%	41%	38%	39%	21%	37%

Table 26: Question 13: Hours Spent Doing Activities

Percent of respondents who spent at least 1 hour doing the following:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Participating in a club (including book, dance, game and other social)	45%	42%	43%	39%	43%
Participating in a civic group (including Elks, Kiwanis, Masons, etc.)	8%	12%	11%	12%	11%
Communicating/ visiting with friends and/or family	95%	99%	99%	91%	97%
Participating in religious or spiritual activities with others	40%	48%	46%	44%	45%
Participating in a recreation program or group activity	47%	53%	54%	37%	51%
Providing help to friends or relatives	74%	84%	83%	66%	80%
Volunteering your time to some group/activity in Boulder County	34%	39%	39%	28%	37%

Table 27: Question 14: Hours Spent Providing Care

Percent of respondents who provided at least 1 hour of care to...	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
One or more individuals age 60 or older	38%	31%	36%	34%	36%	34%	46%	35%

Percent of respondents who provided at least 1 hour of care to...	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
One or more individuals age 18 to 59	26%	18%	22%	25%	18%	22%	25%	22%
One or more individuals under age 18	29%	15%	18%	28%	19%	22%	22%	22%

Table 28: Question 14: Hours Spent Providing Care

Percent of respondents who provided at least 1 hour of care to...	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
One or more individuals age 60 or older	26%	40%	35%	35%	35%
One or more individuals age 18 to 59	15%	26%	23%	16%	22%
One or more individuals under age 18	15%	25%	23%	20%	22%

Table 29: Question 15: Regularity Doing Activities

Percent of respondents who always or usually doing the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Eat at least 5 portions of fruits and vegetables a day	61%	49%	55%	58%	53%	57%	43%	55%
Participate in moderate or vigorous physical activity	56%	65%	69%	61%	47%	63%	40%	60%

Percent of respondents who always or usually doing the following:	Sex		Age			Race/ethnicity		Overall
	Female	Male	60 to 64 years	65 to 74 years	75 or over	White alone, not Hispanic	Hispanic and/or other race	
Receive assistance from someone almost every day	24%	17%	15%	18%	31%	19%	34%	20%
Vote in local elections	90%	92%	89%	93%	90%	93%	70%	91%

Table 30: Question 15: Regularity Doing Activities

Percent of respondents who always or usually doing the following:	Lives alone		Annual household income at or below the income limits set by HUD for Section 8 programs		Overall
	Lives alone	Lives with others	NOT low income	Low income	
Eat at least 5 portions of fruits and vegetables a day	52%	57%	59%	38%	55%
Participate in moderate or vigorous physical activity	54%	64%	64%	44%	60%
Receive assistance from someone almost every day	30%	15%	17%	34%	20%
Vote in local elections	86%	93%	92%	84%	91%