



# Boulder County Breastfeeding Coalition Minutes

**Date:** Mar. 3, 2016  
**Time:** 12-1:30 pm  
**Location:** Boulder

**COALITION MEETING PURPOSE:** *The Boulder County Breastfeeding Coalition works to create a breastfeeding friendly community by supporting worksites, public venues, childcare providers, and lactation support professionals to meet the needs of breastfeeding mothers and babies.*

**Facilitator:** Linda Kopecky **Minutes:** Linda Kopecky

**Attendees:** Liza Patrick, Lynda Monsey, Julie Dowswell, Linda Kopecky, Karen Frank, Heather Enos, Diane Michel and Diane Heronema (both by phone)

## Minutes

**Introductions**

**Time:** 12-12:10

**Agenda Item:** Update

**Time:** 12:10-12:40

**Presenter:** Linda K

**Intended Outcome:** Keep membership up to date on activities of the BCBC using Basecamp and the Business Outreach spreadsheet

**Discussion:** Review of the number of worksites in Boulder County that are now Breastfeeding Friendly (7), the number that are in the pipeline for becoming Breastfeeding Friendly (20), and the number we have “touched” – have at minimum their self-assessment (over 40). We have reimbursed 5 businesses \$1000 and have the capacity to reimburse 15 more businesses. We are working with 5 Boulder Valley Schools in setting up lactation spaces for employees.  
We reviewed the Resource Guide and with some very good discussion decided to reorder some entries, add the 3 main private practice IBCLCs and the ILCA.com website for finding other IBCLCs in the area.

**Action Items:** Rework Resource Guide

**Person Responsible:** Linda K.

**Deadline:** 3/18/16

**Agenda Item:** Focus Group Findings

**Time:** 12:40-1:30

**Presenter:** Linda K

**Intended Outcome:** Review the findings from the focus groups, and, with other personal anecdotes from the field, begin and understanding of some gaps or common concerns.

**Discussion:** The group reviewed the findings from the focus groups BCPH conducted in February with mothers who have juggled breastfeeding and school or work. Members added in their own insight and stories that related to clients or others who have also done the same. Some highlights are:

- Home visits are appreciated and desired, but are only available in our county on a limited basis
- Insurance coverage is a concern – either for extending hospital stay if baby isn’t feeding well, or for home visits or other BF related services or supplies
- Home visits and follow-up calls can be hard to time perfectly
- Learning how to use the pump and how to stockpile milk is a learning curve that not every mother gets help with.

**Action Items:** None

**Person Responsible:**

**Deadline:**

**Agenda Item:** Sharing and Wrap-Up

**Time:** 1:20-1:30

**Presenter:** All

Next Boulder County Breastfeeding Coalition Meetings:

Wednesday, April 6, 2016 12-1:30 Longmont (St Vrain HUB at 515 Coffman, Room 321)

Appreciative Inquiry activities to explore the continuum of lactation care more deeply, to identify barriers and where there are opportunities to improve.

**May meeting cancelled! All hands on deck for the May 6<sup>th</sup> Breastfeeding Summit**