

Cucumber Mint Breeze

Makes 4 servings.
1 cup per serving.

Ingredients

- ½ cup sliced cucumbers
- 1-2 sprigs of fresh mint
- Ice



Prep time:
5 minutes

Preparation

1. Fill pitcher halfway with ice.
2. Add sliced cucumbers and mint.
3. Fill with water. Chill for at least 20 minutes before serving.
4. Store in refrigerator and drink within 24 hours.

