

Diaper Changing Procedure

1. Get Ready

- Wash your hands and gather supplies (see supply list).
- Put on disposable gloves.
- Carry child to changing area.

2. Change the Diaper

- Remove diaper and clean child with wipes front to back.
- Throw away used diaper, wipes, and gloves.
- Clean your hands with a wipe.
- Clean child's hands with a damp paper towel.
- Place new diaper under the child, and apply diaper cream (as needed) using tissue.

3. Wash Child's Hands

- Wash child's hands following the appropriate procedures.
- Return child to supervised play.

4. Wash, Rinse and Disinfect Diapering Changing Area

- Spray the diaper area with soapy water and wipe with single-use towel.
- Spray with clean water and wipe with single-use towel.
- Spray disinfecting solution onto the mat or floor area.
- Leave on for recommended contact time and then wipe dry with single-use paper towel. Rinse if needed according to label.

5. Wash Your Hands



Diaper Changing Supplies

Before every diaper change, gather the following supplies and have them within reach:

Gloves

Fresh diaper

Disposable wipes removed from container. Remove enough to clean the child and to wipe your hands during the diaper change.

Damp paper towel to wipe the child's hands during the diaper change.

Diaper cream (if needed) - removed from container and placed on tissue.

Clean clothes (if needed).

Plastic bag for soiled clothing (if needed).

Hands-free trash container to dispose of diaper, wipes, and gloves.

