

Roadmap for Community Change: Building Mental Health and Well-Being Among Children, Youth and Young Adults Ages 6-26



RESILIENT YOUTH

Community that values, respects and supports youth

Positive relationships with caring adults

Coordinated, informed service system

Within community, schools, agencies, and services

Adult “upstanders”
willing to take action
on behalf of children
and youth

Community and
school policies that
ensure safe, inclusive
and healthy
environments and
equitable
enforcement

Evidence-based
programs that
address youth
protective and
risk factors and
positive school
climate, including
Sources of Strength

Points of contact
for children and
youth recognize
signs of crisis
and respond
appropriately

Positive youth
development
principles practiced
by agencies and
adults influential
with children
and youth

Cultural
responsiveness
and inclusiveness
promoted
throughout
community

Coordinated
youth-serving
programming
across agencies

Addressing Disparities Throughout