

2005 GENESIS Annual Report

1) GENESIS will deliver supportive prenatal services to approximately 210 pregnant GENESIS clients. These services include:

- a. Nutritional education and/or referral
- b. Substance use education and/or referral
- c. Childbirth education and/or referral
- d. Tobacco cessation and/or referral
- e. Transportation to necessary prenatal appointments
- f. Stress reduction
- g. Case conferencing with prenatal providers
- h. Counseling and/or referral to address psychosocial concerns relating to pregnancy
- i. Assistance with the provision of prenatal care

Results: In 2005, 234 (100%) of GENESIS clients received supportive prenatal services.

2) Less than 8% of babies born to clients participating in the GENESIS Program will be low birth weight.

- a. The percentage of babies born to clients participating in the GENESIS Program that are born low birth weight will be lower than the percentage of babies born to non-GENESIS Boulder County females, age 20 and under, that are born low birth weight.
- b. The percentage of babies born to clients participating in the GENESIS Program that are born low birth weight will be lower than the percentage of babies born to Colorado women, age 20 and under, that are born low birth weight.

Results: In 2004 (most recent data available), 5.2% of babies born to GENESIS clients were low birth weight. This compares favorably with the state low birth weight rate of babies born to teens in 2004 99.5%) and the rate of Boulder County non-participating teen low birth weight babies (13.1%).

4) At least 90% of babies born to clients participating in the GENESIS Program will be delivered at 37 weeks or greater.

Results: In 2004, 92.2% of babies born to GENESIS clients were delivered at 37 weeks or greater.

5) At least 70% of mothers participating in the GENESIS Program will initiate breast-feeding; at least 30% will breastfeed for six months postpartum.

Results: In 2005, 93% of clients initiated breastfeeding, and 35% were still nursing when their babies reached 6 months of age.

6) GENESIS staff will provide referral, linkage, and other necessary case management

services to clients to assist with utilization of a reliable birth control method to at least 95% of clients. Staff will check in with postpartum clients **at least twice** per reporting period on current contraceptive use and provide follow-up as necessary to assure consistent family planning practices. Contraceptive case management services include:

- a. Providing and reviewing "Got Sex" informational packets with all clients.
- b. Transporting clients to family planning clinics as necessary.
- c. Educating clients regarding the importance of and reasons behind spacing children by at least two years.
- d. Accessing birth control funds for clients who experience financial barriers to family planning services.
- e. Encouraging career development as an alternative to multiple children at a young age.
- f. Problem-solving with clients who are experiencing difficulties with side effects from contraceptive methods.
- g. Enrolling and maintaining clients in the Home-Based Contraception Program.

Results: In 2005, 96% of clients received case management services relating to reliable family planning methods.

- 7) No more than 15% of mothers participating in the GENESIS Program will have a subsequent birth within two years of the birth of their first GENESIS child.
 - a. For clients entering the program prior to age 17, no more than 15% will have a subsequent birth within three years of the birth of their first GENESIS child.
 - b. For clients entering the program at age 17 years or older, no more than 15% will have a subsequent birth prior to age 20.

Results: In 2005, 10% of GENESIS clients experienced a second birth within two years of their first child. For clients entering the program prior to age 17, 6% had another baby within three years of the birth of their first child. For clients entering the program at age 17 or older, 6% had a subsequent birth prior to reaching age 20.

- 7) GENESIS staff will assess and provide individualized parenting, nurturing, and education activities to enhance parent/child bonding to 90% of GENESIS clients. Activities include:
 - a. Warm Welcome visit
 - b. Referral to CIP, Special Connections, and Child Protection when appropriate
 - c. Attendance at GENESIS group/peer support activities
 - d. Home visits which address client's unique parenting needs
 - e. Parenting education
 - f. Age-appropriate child development education

Results: In 2005, 96% of GENESIS clients received individualized parenting, nurturing, and education activities to enhance parent/child bonding.

- 8) At least 85% of the GENESIS babies will score at an appropriate developmental age

according to the Ages & Stages Questionnaire (ASQ), 2nd edition.

Results: In 2005, 97% of GENESIS babies scored at an age-appropriate developmental level on the ASQ.

- 9) At least 65% of GENESIS clients who are eligible will be actively pursuing one of the following: vocational training, school, or employment activities.

Results: In 2005, 83% of GENESIS clients were involved in work-related activities.